



**FEBRUARY 19-22, 2004**

**AMERICAN ACADEMY OF SLEEP MEDICINE**

# **2004 ADVANCED SLEEP MEDICINE COURSE**

**DENVER, COLORADO**

**WESTIN TABOR CENTER**



### Advanced Sleep Medicine Course

The American Academy of Sleep Medicine's Advanced Sleep Medicine Course will be held February 19-22, 2004 at the Westin Tabor Center in Denver, Colorado.

### Target Audience and Topics

The course is a timely comprehensive review of relevant clinical topics in sleep medicine for physicians specializing in sleep medicine. Daily case-based meet the professor sessions and reviews of important topics will be delivered by an outstanding faculty of practicing and academic experts in sleep medicine. The course will cover recent developments in clinical sleep medicine including sleep disordered breathing, but will focus on advances in the diagnosis and treatment of narcolepsy, parasomnias to include restless leg syndrome, and insomnia. Rather than reviewing topics in entirety, discussions will focus on latest developments in diagnosis and treatment, recent research and publications, and where the field is going.

### Course Objectives

Upon completion of the course, participants will be able to:

- Apply up-to-date information and evidence based knowledge to the clinical management of patients with a variety of sleep disorders
- Discuss the essential elements of lectures designed to provide an "expert's" synthesis of the most recent developments in selected topics in sleep medicine
- Interpret the viewpoints on specific topics provided by case-based discussions by practicing clinicians and academic researchers and through the extended opportunity for informal interaction with lecturers
- Understand recent practice guidelines and bring practical ideas home to enhance sleep practice management

### Continuing Medical Education

The American Academy of Sleep Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Academy of Sleep Medicine designates this educational activity for a maximum of 21.5 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the educational activity.

This course is supported in part by an unrestricted educational grant from Sepracor Inc. in accordance with ACCME Standards.

### Course Director

Eugene C. Fletcher, M.D.

Professor of Medicine, Director, Division of Respiratory, Critical Care, and Environmental Medicine, University of Louisville  
Director, Sleep Disorders Center, University of Louisville.

### GENERAL INFORMATION

#### Location

The AASM Advanced Sleep Medicine Course will be held at the Westin Tabor Center, 1672 Lawrence St., Denver, Colorado, (303) 572-9100. For more information on the Westin Tabor Center, visit their Web site at [www.westin.com/taborcenter](http://www.westin.com/taborcenter).

#### Room Reservations

A block of guest rooms has been reserved at the Westin Tabor Center. All reservations are to be made by individual attendees directly with the hotel's reservation department at 1-888-627-8435 and identify yourself as part of the Advanced Sleep Medicine Course. Check in time at the Westin Tabor Center is 3:00pm; check out is at 12:00pm.

### Room Rate

The room rate at the Westin Tabor Center is \$139 per night plus tax. Space is limited. Please make your reservations well in advance. The special group rate of \$139 is valid only until **January 20, 2004 or until the AASM room block sells out.**

### Meals

Your registration payment includes breakfast and lunch on February 20-21 and breakfast on February 22. Meal functions are available for registered attendees only. Guests of attendees cannot be accommodated during meal functions due to capacity constraints. All other meals are the responsibility of the attendee.

### Transportation

The official travel agency for ASMC is Stellar Access' Conventions in America. Call toll-free 866-929-4242 and ask for Event # 259 to receive air travel and car rental discounts that have been negotiated for you or other available low rates. You may also visit [www.stellaraccess.com](http://www.stellaraccess.com). The airport nearest to the Westin Tabor Center is the Denver International Airport.

Taxi service to and from the airport is approximately \$45 each way and shuttle service is available at approximately \$18 per person each way. Please anticipate a 45-60 minute travel time to and from the Denver International Airport.

### Cancellation

Written notification must be submitted to the AASM Meeting Department for registration cancellations. A \$50 administrative fee will be withheld on cancellations postmarked prior to **January 20, 2004**. After this date, refunds will be subject to a 50% administrative fee. The AASM is not responsible for hotel room cancellations. Please make hotel room cancellations prior to 48 hours of arrival to avoid any hotel cancellation fees.

The AASM reserves the right to cancel the ASMC and provide full refund should conditions warrant.

Dress code at the Advanced Sleep Medicine Course is business casual.

### For information or questions regarding the ASMC, please contact:

AASM Meeting Department, One Westbrook Corporate Center, Suite 920, Westchester, IL 60154, (708) 492-0930, Fax: (708) 492-0943, [www.aasmnet.org/asmc.htm](http://www.aasmnet.org/asmc.htm)

### PROGRAM OF EVENTS

#### THURSDAY, FEBRUARY 19, 2004

- |                 |   |
|-----------------|---|
| 7:00pm – 9:00pm | Arrival and Registration                    |
| 7:00pm – 9:00pm | Wine and Cheese Reception, Meet the Faculty |

#### FRIDAY, FEBRUARY 20, 2004

*All lectures will be 35 minutes with 10 minutes reserved for audience questions and discussion.*

- |                 |  |
|-----------------|--|
| 6:45am – 7:20am | Continental Breakfast and Coffee                     |
| 7:20am – 7:30am | Introduction and Welcome<br>Eugene C. Fletcher, M.D. |

#### Home Monitoring

- |                 |  |
|-----------------|--|
| 7:30am – 8:15am | Technical Advances in Unattended Home Monitoring - What's Available<br>Jose S. Loreda, M.D., M.S.      |
| 8:15am – 9:00am | Clinical Outcomes in Sleep-Breathing Disorders Using Non-PSMG Methods<br>Patrick J. Strollo, Jr., M.D. |

9:00am – 9:45am	Insurance and Reimbursement Issues (Medicare) in Home Sleep Monitoring Michael P. Coppola, M.D.
9:45am – 10:00am	Break
10:00am – 10:45am	The Role of Split Night Studies, Autotitration, and Self Titration in OSA Richard B. Berry, M.D.
10:45am – 11:30am	Liability and Legal Issues in the Sleep Disorders Allan I. Pack, M.B., Ch.B., Ph.D.
11:30am – 1:00pm	Morning Discussion, Questions and Lunch: Case Oriented Discussions a. Jose S. Loreda, M.D., M.S. b. Patrick J. Strollo, Jr., M.D. c. Michael P. Coppola, M.D. d. Richard B. Berry, M.D. e. Allan I. Pack, M.B., Ch.B., Ph.D.

#### **REM Sleep**

1:15pm – 2:15pm	Autonomic Output and Control of Breathing During REM and Non-REM Sleep Sigrid Veasey, M.D.
2:15pm – 3:00pm	Breathing Disorders Predominately in REM Sleep - “REM Related Apnea” Naresh Punjabi, M.D.
3:00pm – 3:15pm	Break
3:15pm – 4:00pm	The Effect of Commonly Prescribed Drugs on Sleep Architecture and Breathing Richard B. Berry, M.D.
4:00pm – 4:45pm	REM Movement Disorders Michael Silber, M.B., Ch.B.
4:45pm – 5:30pm	Afternoon Question and Discussion Session a. Sigrid Veasey, M.D. b. Naresh Punjabi, M.D. c. Richard B. Berry, M.D. d. Michael Silber, M.B., Ch.B.
5:30pm	Dinner (on your own)

7:30pm – 9:30pm

Stump the Experts: Participants are invited to bring their difficult diagnostic and management cases to test the knowledge of experts, get help with problem patients and educate the audience. Overhead projectors, power point projection, and a slide projector will be available for participants to project case histories, polysomnogram pages, lab flow sheets etc. The venue is informal with heavy audience participation. Drinks and light snacks will be available.

#### **SATURDAY, FEBRUARY 21, 2004**

6:45am – 7:30am	Continental Breakfast and Coffee
<b>Chronic Insomnia</b>	
7:30am – 8:15am	Chronic Insomnia in the Geriatric Population Alon Avidan, M.D., M.P.H.
8:15am – 9:00am	Circadian Rhythm Disorders in Chronic Insomnia Phyllis C. Zee, M.D., Ph.D.
9:00am – 9:45am	Sleep Stage Misperception, $\beta/\gamma$ Activity in Chronic Insomnia Michael L. Perlis, Ph.D.
9:45am – 10:00am	Break

10:00am – 10:45am	Pharmacologic Treatment of Chronic Insomnia James K. Walsh, Ph.D.
10:45am – 11:30am	Behavioral Modification Therapy for Chronic Insomnia Jack D. Edinger, Ph.D.
11:30am – 1:00pm	Morning Discussion, Questions and Lunch: Case Oriented Discussions a. Alon Avidan, M.D., M.P.H. b. Phyllis C. Zee, M.D., Ph.D. c. Michael L. Perlis, Ph.D. d. James K. Walsh, Ph.D. e. Jack D. Edinger, Ph.D.

#### **Pediatric Sleep Disorders**

1:15pm – 2:00pm	Overview of Sleep Apnea in Children Carol L. Rosen, M.D.
2:00pm – 2:45pm	Repetitive Hypoxia and Neural Systems Function: Bench to Practice David Gozal, M.D.
2:45pm – 3:00pm	Break
3:00pm – 3:45pm	SDB, PLMD, and ADHD in Children Ronald D. Chervin, M.D., M.S.
3:45pm – 4:30pm	Narcolepsy in Children Emmanuel Mignot, M.D., Ph.D.
4:30pm – 5:30pm	Afternoon Question and Discussion Session a. Carol L. Rosen, M.D. b. David Gozal, M.D. c. Ronald D. Chervin, M.D., M.S. d. Emmanuel Mignot, M.D., Ph.D.
5:30pm	Dinner (on your own)

#### **SUNDAY, FEBRUARY 22, 2004**

7:45am – 8:30am	Continental Breakfast and Coffee
8:30am – 9:15am	Seizure Recognition in the Sleep Lab Selim R. Benbadis, M.D.
9:15am – 10:00am	Helping Patients to Adjust to Shift Work Helen Burgess, Ph.D.
10:00am – 10:15am	Break
10:15am – 11:00am	The Role of Stimulants in Residual Sleepiness of OSA Allan I. Pack, M.B., Ch.B., Ph.D.
11:00am – 11:45am	Gender Issues and Obesity Interaction in OSA M. Safwan Badr, M.D.
11:45am – 12:00pm	Closing remarks and evaluations



# Registration Form

Advanced Sleep Medicine Course - February 19-22, 2004

Register online at [www.aasmnet.org/asmc.htm](http://www.aasmnet.org/asmc.htm)

**Registration Information - Please type or print clearly**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Degree: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Country: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Primary Specialty (please check one):

☐ Internal Medicine    ☐ Neurology    ☐ Pediatrics    ☐ Psychology    ☐ Other \_\_\_\_\_  
☐ Neurophysiology    ☐ Otolaryngology    ☐ Psychiatry    ☐ Pulmonology

☐ Please check here if you require special accommodations to fully participate. Attach a written description of your needs.

**Registration Category and Payment Information**

Please check one:

☐ AASM Member    \$650  
☐ Non-member    \$800

☐ Please make check payable to AASM (U.S. funds drawn on a U.S. bank).

☐ Visa/MasterCard/American Express

Card #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_

Cardholder Name: \_\_\_\_\_

Address: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**3 Ways to Register**

Use only one method:

**Online** (credit card only)  
[www.aasmnet.org/asmc.htm](http://www.aasmnet.org/asmc.htm)

**Fax** (credit card only)  
(708) 492-0943

**Mail** (check or credit card)  
AASM Meeting Department  
One Westbrook Corporate Center, Suite 920  
Westchester, IL 60154

Please register early as seating is limited to 175. Confirmations will be sent within one week of receipt of registration form and payment. All participants must pre-register for the ASMC, on-site registration will not be accepted.

The AASM will not be held liable if an individual purchases an airline ticket before receiving confirmation of registration for this course.

Cancellations postmarked prior to January 20, 2004 are subject to a \$50 administrative fee. Cancellations after this date are subject to a 50% administrative fee. Notification must be received in writing.

American Academy of Sleep Medicine  
One Westbrook Corporate Center  
Suite 920  
Westchester, IL 60154

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